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EDITORIAL

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Community Sports - A Game Changer for Active Society in Assam

Physical inactivity has become a critical public health issue, and promoting physical activity is increasingly important in today's sedentary lifestyle. In Assam, a state in northeastern India, there has been a rise in health problems such as obesity, diabetes, and cardiovascular diseases, which can be attributed to a lack of physical activity. However, community sports have emerged as a game-changer in promoting a more active society in Assam.

Community sports include a wide range of activities such as football, cricket, badminton, table tennis, and traditional sports like kabaddi and kho-kho. These sports activities are popular in both urban and rural areas of Assam. Community sports provide a platform for people of all ages and backgrounds to come together, participate in physical activities, and form social connections. They create a sense of community and belonging, which is crucial for the overall well-being of an individual.

One of the significant benefits of community sports is their positive impact on physical health. Regular physical activity can help prevent lifestyle diseases, and community sports provide an excellent opportunity for people to engage in physical activities. Moreover, community sports provide an avenue for people to learn new skills and develop their physical abilities. This, in turn, boosts their self-esteem and self-confidence, leading to a better quality of life.

In addition to physical health, community sports also positively impact mental health. Exercise is known to release endorphins, which are feel-good hormones that help alleviate stress, anxiety, and depression. Community sports provide an excellent opportunity for people to engage in physical activity, release stress, and connect with others. The social connections formed through community sports can be an essential source of emotional support and can help reduce feelings of isolation and loneliness.

Community sports also play a vital role in promoting social cohesion and cultural exchange. Assam is home to many different communities with unique cultures and traditions. Community sports provide a platform for people from different backgrounds to come together and interact, fostering greater social cohesion and understanding. Moreover, community sports can serve as a platform for cultural exchange, with people sharing their traditions and practices.

Despite the many benefits of community sports, there are challenges in promoting them in Assam. One of the significant challenges is the lack of infrastructure and resources, particularly in the rural areas of Assam. There is a need for more sports facilities and trained coaches to promote community sports effectively. Moreover, there is a need to raise awareness about the benefits of community sports and promote them as a viable option for physical activity.

In conclusion, community sports can play a vital role in promoting physical activity and creating a more active society in Assam. Community sports promote physical health, mental well-being, social bonding, and cultural exchange. However, there is a need to address the challenges in promoting community sports, including the lack of infrastructure and resources and the need to raise awareness about the benefits of community sports. By addressing these challenges, community sports can continue to play a vital role in building a healthier and more vibrant community in Assam.

(Prof. J.P.Verma)
Vice Chancellor

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International Day of Yoga Organized by Sri Sri Aniruddhadeva Sports University

The 8th International Day of Yoga was celebrated on 21st June 2022 with the theme "Yoga for Humanity". The event was jointly organized by Sri Sri Aniruddhadeva Sports University (SASU) and DDR College, Chabua. The initiative was taken by the Internal Quality Assur-



ance Cell (IQAC) of the university, the IQAC, the National Service Scheme (NSS), and the National Cadet Corps (NCC) unit of DDR College, Chabua.

The event was organized in a blended mode, with the participants from SASU joining online and the participants from DDR College joining offline. The event began with a welcome speech by Prof. J. P. Verma, the Hon'ble Vice-Chancellor of SASU. The principal of DDR College, Dr. B. Barman, addressed the gathering and explained the significance of the day.

The invited Yoga expert, Mr. Mahendra Singh Dhillon, demonstrated and provided hands-on experience of the common yoga protocol in the online mode. The participants were able to learn and practice various yoga poses and breathing techniques, under the guidance of Mr. Dhillon.

The 8th International Day of Yoga, organized by SASU and DDR College, was a successful event that aimed to promote the practice of yoga for the betterment of humanity. The blended mode of the event allowed participants to join from different locations, and the hands-on experience provided by the Yoga expert, Mr. Mahendra Singh Dhillon made it an engaging and interactive event. The participation of faculties, administrative staff, and students from both SASU and DDR College was a testament to the significance of yoga in promoting physical and mental well-being. The program was coordinated by Dr. Hemantajit Gogoi, a Lecturer at the university. The vote of thanks was given by Shri Partha Pratim Bairagi, the Registrar of SASU.



76th Independence Day Celebration



Sri Sri Aniruddhadeva Sports University (SASU) celebrated its 76th Independence Day on 15th August 2022 with great zeal and enthusiasm. The flag hoisting ceremony was held at the Study Centre of SASU, located on the Dibrugarh University campus. The ceremony was graced by the Hon'ble Vice Chancellor of SASU, Prof. J. P. Verma, who hoisted the Tricolour in the presence of the Registrar, SASU, the university's faculty members, and office staff. The flag-hoisting ceremony was followed by a speech by Prof. J.P. Verma.

In his speech, Prof. Verma expressed his gratitude to all the freedom fighters who had played a vital role in India's liberation from British rule. He also highlighted the significance of the day and urged everyone to remember the sacrifices made by our forefathers to attain freedom. He emphasized the need to preserve and cherish independence and urged everyone to contribute to the development of the nation in their way.

The celebration of the 76th Independence Day at SASU was a reflection of the university's commitment to

promote and instill the values of patriotism, national unity, and brotherhood among its students and staff. The event was a reminder of the struggle for freedom and the need to work together to achieve a stronger and more prosperous India.

The celebration of the 76th Independence Day by SASU was a significant event that highlighted the importance of freedom, patriotism, and unity in building a strong and prosperous nation. The

flag hoisting ceremony and the speech by the Hon'ble Vice Chancellor were a source of inspiration and motivation for the SASU community to continue contributing towards the nation's growth and development.



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74th Republic Day Celebration

Sri Sri Aniruddhadeva Sports University (SASU) celebrated the 74th Republic Day on 26th January 2023 with great enthusiasm and pride. The celebration took place at the Study Centre of Sports University, located on the Dibrugarh University campus. The ceremony began with the unfurling of the Tricolour by the Hon'ble Vice Chancellor of SASU, Prof. J. P. Verma, followed by the National anthem. Sri Partha Pratim Bairagi, ACS, Registrar, SASU, and its faculty members and office staff were also present at the event.

In his address, Prof. J.P. Varma congratulated everyone present on the occasion of Republic Day. He highlighted the significance of the day and spoke about the progress India has made as a republic. He also urged everyone to remember the values enshrined in the Constitution of India and to work towards building a better and more prosperous nation.

The celebration of the 74th Republic Day by SASU was a reflection of the university's commitment to promoting the values of democracy, unity, and patriotism among its students and staff. The event was a reminder of the sacrifices

made by our forefathers to attain freedom and the responsibility that comes with the privilege of being citizens of a democratic nation. The celebration of the 74th Republic Day by SASU was a momentous occasion that highlighted the importance of democracy and unity in building a strong and prosperous nation. The event was a source of inspiration and motivation for the SASU community to work towards building a better future for the country.



Vishwakarma Puja Celebration

Sri Sri Aniruddhadeva Sports University (SASU) celebrated Lord Vishwakarma Jayanti on September



17th, 2022, at their temporary office in Dibrugarh. The event was attended by the university's faculty members and office staff, who gathered to worship Lord Vishwakarma, the God of Machinery. Prof. J. P. Verma, Hon'ble Vice Chancellor of SASU, and Sri Partha Pratim Bairagi, ACS, Registrar, SASU were also present. The celebration aimed to honor the contributions of all artisans, sculptors, carpenters, architects, mechanics, and

technicians who make our lives easier with their skills and craftsmanship. It was a reminder of the importance of hard work, dedication, and innovation and symbolized gratitude towards the tools

and equipment that make work possible. The celebration reflects the university's commitment to preserving and promoting cultural traditions and promoting respect for the contributions of all artisans and craftsmen. It was an opportunity for the university community to pay homage to skilled artisans and craftsmen who contribute to society.



Interaction program with Ex-Olympian Chauhan and National Gymnast



An Interaction program was organized by Sri Sri Aniruddhadeva Sports University on 7th January 2023 at the conference hall of DHSK College, Dibrugarh, with Ex-Olympian and Asian Gold medallist in Decathlon, Shri V. S. Chauhan, and National Gymnast Dr. Prem Chand Kashyap. The program was jointly organized with DHSK College & NLB City College and aimed to address the students and discuss various sports-related issues and share life experiences. Ex-Olympian V.S. Chauhan, an accomplished

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athlete, and coach, shared his experiences and achievements with the audience. V.S. Chauhan represented India in the Decathlon event at the 1980 Summer Olympics held in Moscow. He also won the Gold medal in the Asian Athletics Championship held in Tokyo in 1979 and represented India in various international events. He talked about the challenges he faced during his athletic career and how he overcame them.



National Gymnast Dr. Prem Chand Kashyap, who was a sports administrator at SAI is also a coach and has trained several national and international gymnasts, sharing his expertise and experiences



with the audience. He spoke about the importance of discipline, hard work, and dedication in achieving success in sports. He also answered various queries from the students related to sports and shared his views on the development of sports in the country.

The program was attended by Prof. J. P. Verma, Hon'ble Vice Chancellor of SASU, Sri Partha Pratim Bairagi, ACS, Registrar, SASU, Principals of DHSK College & NLB City College, all faculty of SASU, DHSK College & NLB City College,

sportspersons, and sports officials of Dibrugarh district. The interaction program provided a platform for the students to learn from the experiences of accomplished sports personalities and gain insights into the world of sports. It was an excellent opportunity for the students to interact with sports legends and get motivated to pursue their passion for sports.



400th birth anniversary celebration of Assam's legendary war hero Lachit Borphukan



Sri Sri Aniruddhadeva Sports University (SASU) commemorated the 400th Birth Anniversary of Assam's war hero, Lachit Borphukan, on November 18th and 19th, 2022, in collaboration with Delhi Public School (DPS), Dibrugarh, District Administration, and DHSK College, Dibrugarh. The first event was held at DPS and was attended by SASU and DPS faculty members and students. It featured the lighting of the ceremonial lamp,

speeches by guests, and a cultural program to spread Lachit Borphukan's message of bravery and sacrifice to the younger generation. The second event was organized in association with the District



Administration and DHSK College and aimed to raise awareness of Lachit Borphukan's contribution to Assam's history. It included speeches by guests, and the event was attended by faculty members and students of SASU, DHSK College, and other colleges in the Dibrugarh district. SASU's

celebration of Lachit Borphukan's 400th Birth Anniversary was successful in promoting Assam's rich cultural heritage and history and inspiring younger generations to follow in his footsteps.



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Interaction Program with College Principals

On 12th January 2023, Sri Sri Aniruddhadeva Sports University organized an interaction meeting with the principals of different colleges. The meeting was held at the temporary office of SASU, located on the 2nd Floor of the DICC Building in Dibrugarh. The primary purpose of the meeting was to discuss the development of the Assam Quality Index for evaluating different colleges. The Hon'ble Vice Chancellor of SASU, Prof. J. P. Verma, addressed the college principals and discussed various topics, including quality assurance of the colleges, burning issues, solutions to the problems, and planning to make the budding university a university of excellence. The meeting was also attended by Sri Partha Pratim Bairagi, ACS, Registrar of SASU, along with all the faculty and office staff.

The interaction meeting was an excellent opportunity for the college principals to discuss the quality of their respective colleges and find ways to improve them. SASU's initiative to develop the Assam Quality Index will enable colleges to measure their performance objectively and continuously strive to provide better education and facilities to students.

Overall, the interaction meeting was a productive and informative session for the college principals and SASU officials. It will surely help to improve the quality of education in the region and take SASU toward its goal of becoming a university of excellence.

Lecture on India: Mother of Democracy

Sri Sri Aniruddhadeva Sports University organized a lecture program on the topic "India: Mother of Democracy" at DHSK College, Dibrugarh on 26th November 2022 to celebrate the 71st Constitution Day of India. The program was organized to mark the adoption of the Constitution of India, the longest Constitution in the world. The event started with an inaugural speech by Mridusmita Phukan, a faculty member of SASU, followed by a welcome speech by Sri Partha Pratim Bairagi, ACS, Registrar, SASU.



Dr. Biraj Datta, a faculty member from the Department of Political Science at DHSK College, was the speaker of the program. He spoke about the day and its significance, highlighting India's position as the mother of democracy. He discussed how India's Constitution has become a model for many other countries and how it has helped in the establishment of democracy and the rule of law in India.

The lecture was attended by the faculty members and students of SASU and DHSK College. The program was informative and thought-provoking, encouraging everyone to appreciate the value of democracy and the significance of the Constitution of India. It was an insightful session that left a lasting impression on the attendees. The event was a success, and the organizers deserve commendation for their efforts in organizing such an informative program.



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The First Diploma Award Ceremony

On 22nd July 2022, the Sri Sri Aniruddhadeva Sports University (SASU) organized its first Diploma Award Ceremony for the first batch of students who completed the Post Graduate Diploma in Sports Coaching (Football & Athletics) during the 2021-2022 academic period. The ceremony was held in the Conference Hall of the Dibrugarh University Guest House.

The event started with the induction of all eight students into the PGDSC course by the Vice Chancellor, Prof. J.P. Verma, SASU, for the award of the diploma. Three students who were unable to attend the ceremony received their diplomas in absentia. The passed-out students then took an oath, which was administered by Sri Kiriti Kamal



Bora, I/c Academics. The program was coordinated by Dr. Hemantajit Gogoi.

Sri Partha Pratim Bairagi, ACS, Registrar, SASU, gave a detailed report about the course during the ceremony. The Chief Guest for the occasion was Prof. Saket Kushwaha, Vice Chancellor, Rajiv Gandhi University, Arunachal Pradesh.

Several other dignitaries were also present at the ceremony, including Prof. Ajanta Borgohain Rajkonwar, Vice Chancellor, Assam Women's University, Jorhat, Prof.

J.P. Saikia, Vice Chancellor, BSSRV, Golaghat, Prof. J. G. Gogoi Nath, Vice Chancellor (I/c), Dibrugarh University, Dr. B. Barman, Principal, DDR College, Chabua, Dr. Dipjyoti Gogoi, Sports Officer, Dibrugarh University, Dr. Roshan Limbu, and Ms. Mridusmita Phukan, faculty of SASU. Additionally, the office staff of SASU, including Monuj, Rina, Anjan, and Udit, were also in attendance.

The ceremony marked a significant achievement for both the students and the university. The Post Graduate Diploma in Sports Coaching (Football & Athletics) is an essential program that enables students to gain specialized knowledge in the field of sports coaching. The SASU aims to produce skilled professionals who can contribute to the development of sports in the region and beyond. The first Diploma Award Ceremony was a step towards fulfilling this goal.



SIGNING OF MoU

MoU between SASU & Assam Women's University



Sri Sri Aniruddhadeva Sports University (SASU) and Assam Women's University (AWU) signed an MoU on 4th February 2023 at the VC chamber of SASU. The MoU outlines the collaboration of SASU and AWU in various academic activities, such as the exchange of library, laboratory, and medical facilities, experts, and the organization of seminars, conferences, workshops, short-term

academic programs, and collaborative research projects.

Mr. Partha Pratim Bairagi, ACS, Registrar of SASU, and Mr. Tapan Kr. Gohain, ACS, Registrar of AWU, and Jorhat exchanged the MoU in the presence of Prof. J.P. Verma, Hon'ble Vice Chancellor of SASU, and faculty members. Both institutions expressed their happiness and agreed to all the terms and conditions that guide each activity identified above.

The MoU signing marks a significant milestone in the academic partnership between SASU and AWU. The collaboration is expected to lead to a more comprehensive and enriched academic experience for students and faculty members of both universities. The partnership will also provide opportunities for joint research projects, which will contribute to the advancement of knowledge in their respective fields.

MoU between SASU & DHSK College

Sri Sri Aniruddhadeva Sports University (SASU) and DHSK College, Dibrugarh signed a Memorandum of Understanding (MoU) on January 30, 2023, at the conference hall, DUIET, Dibrugarh University. The MoU aims to promote academic cooperation between the two institutions by sharing libraries, laboratories, medical facilities, and experts, and organizing

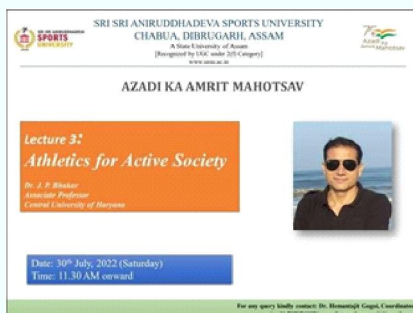


joint seminars, conferences, workshops, short-term academic programs, and collaborative research projects. The MoU was exchanged by Prof. J.P. Verma, Vice Chancellor of SASU, and Dr. Sashi Kanta Saikia, Principal of DHSK College, Dibrugarh. The signing ceremony was attended by several dignitaries, including faculty members and staff of both institutions. The partnership is expected to enhance the research capabilities of both institutions and provide a platform for students to gain a holistic understanding of their respective fields. Overall, the signing of the MoU between SASU and DHSK College, Dibrugarh marks an important step towards strengthening the academic cooperation and collaborative working relationships between the two institutions, which will contribute to the development of the region.

AZADI KA AMRIT MAHOTSAV

Lecture on Athletics for Active Society

Sri Sri Aniruddhadeva Sports University organized the 3rd lecture of the Azadi Ka Amrit Mahotsav celebration program on 30th July 2022, titled "Athletics for Active Society." The lecture was

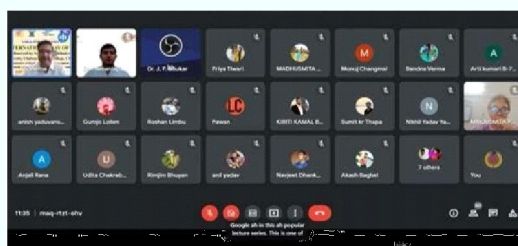


conducted online, with the event starting at 11:30 AM and taking place at the administrative building of the university. The guest speaker was Dr. J. P. Bhukar, an Associate Professor at the Central University of Haryana, who emphasized the importance of physical activities and sports in our daily lives for a healthy and prosperous lifestyle.

The event began with a welcome speech from Prof. J P Verma,

Hon'ble Vice-Chancellor of Sri Sri Aniruddhadeva Sports University. The lecture was attended by the faculties and administrative staff of the university, as well as some students from the Central University of Haryana. The Registrar of the university, Mr. Partha Pratim Bairagi (ACS), was also present at the event.

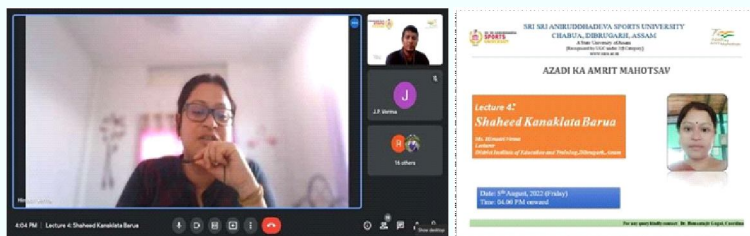
Dr. Bhukar's lecture highlighted the benefits of incorporating physical activities and sports into our daily routine for leading an active and healthy lifestyle. The lecture was informative and interactive, with the audience asking questions and sharing their thoughts.



The event concluded with a vote of thanks by Mrs. Mridusmita Phukan, a faculty member of Sri Sri Aniruddhadeva Sports University. The program was coordinated by Dr. Hemantajit Gogoi. The lecture was informative and provided valuable insights into the importance of physical activity and sports in our daily lives. The university's initiative to organize such lectures to celebrate Azadi ka Amrit Mahotsav serves as a reminder of the significance of sports and physical activity in building a healthy and prosperous society.

Lecture on Shaheed Kanaklata Barua

The Sri Sri Aniruddhadeva Sports University organized an online lecture on 5th August 2022, as part of the "Azadi ka Amrit Mahotsav" celebrations. The speaker, Ms. Himadri Verma, delivered an



insightful talk about the life of Shaheed Kanaklata Baruah, a prominent freedom fighter. All the faculties, administrative staff, and students of the District Institute of Education and Training, Dibrugarh, were present, and the event was graced by the Registrar of the University. The lecture highlighted the contribution of freedom fighters like Baruah in shaping India's future and encouraged the audience to take inspiration from her life and work towards society's betterment. The event concluded with a vote of thanks and was coordinated by Dr. Hemantajit Gogoi. Overall, the lecture provided a great opportunity for attendees to learn about Baruah's heroic life and left a profound impact on them.

AZADI KA AMRIT MAHOTSAV

Seminar on Know Your Constitution

On August 12th, 2022, Sri Sri Aniruddhadeva Sports University organized an online seminar titled "Know Your Constitution" to celebrate Azadi ka Amrit Mahotsav. The event aimed to increase awareness and understanding of the Indian Constitution and its relevance in today's society. Prof. Projit Kumar Palit, the Director of the Centre for Indological Studies at Assam University, Silchar, delivered the keynote speech, focusing on the linkages between India's people, culture, heritage, and government.



The seminar was attended by the university's faculty and administrative staff, with Mr. Partha Pratim Bairagi, the Registrar of SASU, in attendance. The event concluded with a vote of thanks from Mrs. Mridusmita Phukan, a faculty member of SASU, and was coordinated by Dr. Hemantajit Gogoi. Overall, the seminar provided valuable insights into the Indian Constitution and its role in shaping the nation's future. It was an informative and insightful event that contributed to the celebration of Azadi ka Amrit Mahotsav, offering an excellent opportunity for the SASU community to deepen their understanding of India's constitutional framework.

Har Ghar Tiranga Campaign

The Sri Sri Aniruddhadeva Sports University, Chabua organized the 'Har-Ghar Tiranga' campaign from 11th to 15th August 2022 under the aegis of Azadi Ka Amrit Mahotsav. The campaign aimed to promote patriotism and encourage people to display the national flag in their respective homes.



As part of the campaign, the temporary office building of the University was illuminated in tri-color using LED lights from the 11th to the 15th of August 2022. On 13th August 2022, a visible national flag was displayed in the administrative office building of the University and its study centre at Dibrugarh University Campus in collaboration with the Centre for Studies in Physical Edu-

cation and Sports, Dibrugarh University. The event was attended by several dignitaries including Dr. Mantu Baro, Director I/C, CSPES, Mr. Pranjit Barua, Asst. Professor, CSPES, DU, Dr. Sidharth Sharma, Asst. Professor, CSPES, and Mr. Kiriti Kamal Bora, Dr. Hematajit Gogoi, Smt. Mridusmita Phukan, Dr. Roshan Limbu, faculties of SASU.

AZADI KA AMRIT MAHOTSAV



The employees of the University also displayed the tricolour in their respective residences during the campaign. In addition, an event on recreational games was organized at the auditorium of Graham Bazar Girls' High School, Dibrugarh, in collaboration with Smt. Dipika Choudhury, Inspector of School, Dibrugarh. The event included ten recreational games, out of which eight games were for students and two games for teachers. Approximately one hundred students and twenty teachers participated in the event, which was led by Smt. Mridusmita Phukan and assisted by Mr. Kiriti Kamal Bora, Dr. Hemantajit Gogoi, Dr. Roshan Limbu, and Mr. Anjan Jyoti Chaliha.



A patriotic event was also organized in the temporary office of Sri Sri Aniruddhadeva Sports University, 2nd Floor, DICC Building, Dibrugarh, on the evening of 13th August 2022. The event began with the state anthem "O Mur Apunar Dekh" followed by the lighting of the lamp by the Hon'ble Vice Chancellor Prof. J. P. Verma, the respected Registrar, and all the dignitaries present at the event. The program was graced by several distinguished guests including Shri O. P. Verma, father of the Vice Chancellor,



the first lady of the university Dr. Mrs. Haripriya Verma, Smt. Monika Borah, ADC, Dibrugarh, Smt. Saghamitra Baruah, ADC, Dibrugarh, Shri. Hrishikesh Baruah, Election Officer, Dibrugarh,

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Ms. Jyotikona Chetia, Asst. Commissioner, Dibrugarh, Smt. Sunmoni Choudhury, Functional Manager, DICC, Dibrugarh, Smt. Dipika Choudhury, Inspector of Schools, Dibrugarh, and Smt. Kaveri Chaliha, Senior Agriculture Development Officer, Dibrugarh.

The program was enriched by the performance of several artists including

Smt. Lata Baruah Hazarika, Smt. Bornali Buragohain, Smt. Rashmi Rekha Goswami, Ms. Bornali Sonowal, Shri Anubhav Chaliha, Shri Bhuban Gogoi, Shri Dulen Dutta, Smt. Mridusmita Phukan, Ms. Udit Chakraborty, and Registrar, Shri Partha Pratim Bairagi, ACS. The event was concluded with National Anthem.



IMPORTANT VISITS

Convocation of the Cooperative Management University



On 28th December 2022, the first Convocation of the Assam Rajiv Gandhi University of Cooperative Management (ARGUCOM) was held in Sivasagar, Assam. The Hon'ble Vice Chancellor of Sri Sri Aniruddhadeva Sports University, Chabua, Prof. J.P. Verma, who is also a member of the Executive Council of ARGUCOM, attended the event. The

Hon'ble Chancellor and Governor of Assam, Prof. Jagdish Mukhi, conferred the degrees to those who have completed different programs.

The program was graced by the presence of Shri Anjan Gogoi (Retd. Air Vice Marshal) as the Chief Guest. The Convocation was a landmark event in the history of the university, as it marked the graduation of the first batch of students. The event commenced with a welcome speech by the Vice Chancellor of ARGUCOM, followed by conferring degrees to the graduating students. The Chief

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Guest delivered an inspiring speech, emphasizing the importance of cooperative management in the current socio-economic scenario. The Convocation ARGUCOM was a memorable event, marking the beginning of a new chapter in the history of the university. The presence of eminent personalities and the enthusiasm of the graduating students made the event even more special.

AIU East Zone Vice Chancellors' Meet-2022-23 at Sikkim



On December 13-14, 2022, Prof. J.P. Verma, Vice Chancellor of Sri Sri Aniruddhadeva Sports University, Chabua, attended the AIU East Zone Vice Chancellors' Meet-2022-23 hosted by The ICFAI University, Sikkim. The theme of the conference was 'Pedagogies and Use of Technologies for Transformative Higher Education'. The conference was held under the aegis of 'Atma-Nirbhar Bharat', the vision of the Hon'ble Prime Minister of India for making India self-reliant, which is gaining momentum as India

celebrates 'Azadi Ka Amrit Mahotsav'. The AIU has taken the initiative to promote the highest global standards of higher education. During the conference, various topics related to higher education were discussed, including the role of technology in pedagogy, innovative teaching methodologies, and the need for creating an ecosystem for transformative higher education. The conference also focused on promoting 'Atma-Nirbhar Bharat' and discussed ways to create an environment for self-reliance in higher education.

The conference provided a platform for Vice Chancellors to share their ideas and experiences on pedagogies and the use of technology in higher education. The conference was a significant step towards promoting 'Atma-Nirbhar Bharat' and fostering excellence in higher education.

Conference on the implementation of NEP 2020, Raj Bhavan, Assam

On 8th September 2022, Prof. J.P. Verma, Vice Chancellor, attended the Conference on the implementation of NEP 2020 in Assam at Assam Administrative Staff College, Guwahati. The conference was a follow-up of the Varanasi Conclave organized by the Raj Bhawan Assam in partnership with the Higher Education Department, Govt. of Assam. The conference



aimed to discuss the implementation of the National Education Policy (NEP) 2020 in Assam

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and its impact on the higher education sector.

The meeting was presided over by the Hon'ble Chancellor and Governor of Assam, Prof. Jagdish Mukhi. The meeting was attended by the Hon'ble Chief Minister Dr. Himanta Biswa Sarma, Dr. Ranoj Pegu, the Hon'ble Education minister, Advisor Education, officials of the Assam Government, and several vice Chancellors and resource persons.

During the conference, the speakers discussed the various aspects of NEP 2020 and how it can be implemented in Assam. The discussions also focused on the challenges and opportunities that the NEP presents to the higher education sector in the state. The conference aimed to create a roadmap for the successful implementation of the NEP in Assam and discussed ways to promote quality education in the state.

Meeting for monitoring and guiding the implementation of NEP 2020

On 9th November 2022, the Vice-Chancellor, Prof. J.P. Verma, attended a meeting of the Committee for monitoring and guiding the implementation of NEP 2020. The meeting was held at the Conference Room of the Hon'ble Advisor, Education, Janata Bhawan, Guwahati.

The purpose of the meeting was to review and monitor the progress made in the implementation of the National Education Policy (NEP) 2020 in the state. The committee comprised various stakeholders, including government officials, experts, and educators, who were responsible for overseeing the effective implementation of NEP 2020.

During the meeting, the participants reviewed the progress made in the implementation of NEP 2020 and discussed the challenges faced by the stakeholders. They identified areas that needed improvement and suggested ways to overcome the challenges.

Prof. J.P. Verma presented a model curriculum for a four-year Undergraduate program following NEP 2020 guidelines. He emphasized the need for effective collaboration between universities and the government to ensure the successful implementation of the policy. He also highlighted the importance of innovation and research in promoting quality education and suggested ways to integrate these aspects into the implementation process.

Second Convocation of Assam Women's University

Prof. J. P. Verma, our Vice-Chancellor, recently attended the 2nd Convocation of the Assam Women's University as a guest. The convocation was held on 18th March 2023 and was a grand success, with many dignitaries in attendance. The chief guest for the occasion was Prof. Bidyut Chandan Deka, Vice Chancellor of the Assam Agricultural University, who delivered an inspiring speech to the graduates. The Vice Chancellor of the Assam Women's University, Prof. Ajanta Borgohain



Rajkonwar, conferred degrees to bonafide students in different disciplines. In addition to our Vice Chancellor, the Vice Chancellor of BSSRV, Golaghat, Assam, and the Majuli Cultural University also attended the convocation. The presence of such eminent personalities added to the grandeur of the occasion and inspired the graduates to achieve greater heights in their chosen fields.

IMPORTANT VISITS

North East Vice Chancellors meeting at USTM, Meghalaya

Prof. J.P. Verma, our Vice-Chancellor, attended the meeting of the vice-chancellors organized by the University of Science and Technology (USTM) at Guwahati under the auspices of the Association of Indian Universities (AIU) in New Delhi. The meeting was held from 23-25 March 2023 and was a significant event in the academic calendar.



The meeting was attended by Vice-Chancellors from universities across the country and aimed to discuss issues of mutual concern and importance. The agenda for the meeting included discussions on academic policies, research and development, and international collaborations. The participants also discussed challenges faced by universities in the current educational landscape and possible solutions to address them.

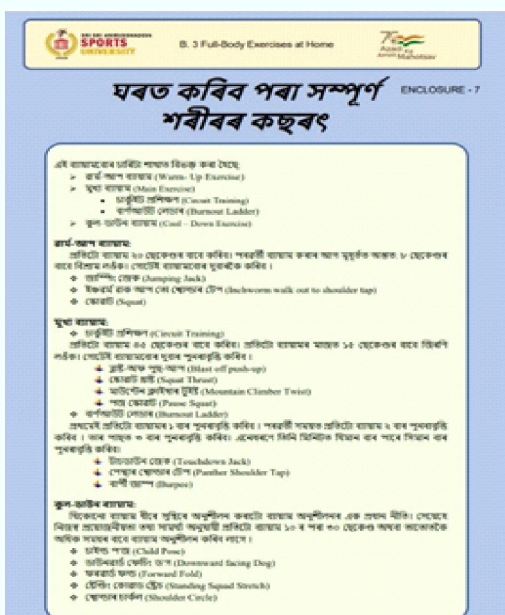
The meeting of the vice-chancellors was a great opportunity for academic leaders to come together, share their experiences, and work towards improving the quality of education and research in the country. The event was organized under the auspices of the Association of Indian Universities (AIU), which is the premier body representing universities in India. The AIU has been working towards promoting academic excellence and fostering cooperation among universities in the country.

EXTENSION ACTIVITIES

Adult Fitness and Wellness

The Sri Sri Aniruddhadeva Sports University recently conducted an "Adult Fitness and Wellness" program as a part of its Extension Activities to encourage a healthy lifestyle among adults. The university has prepared an exercise program that can be done at home without any equipment and was uploaded to their official website in the Assamese language on August 17th, 2022. The program focuses on improving strength, flexibility, and balance and is suitable for all fitness levels.

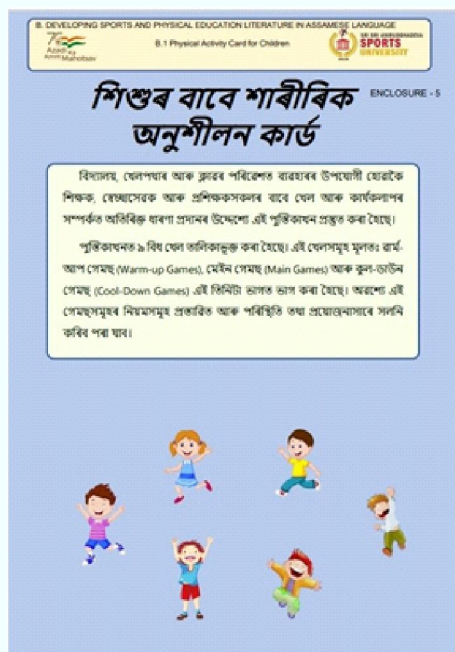
During the pandemic, when people are forced to stay indoors, the exercise program is a great way to stay active and healthy. The program has been positively received by the community, and many adults have already started using it to stay fit and healthy. The Sri Sri Aniruddhadeva Sports University's efforts to promote wellness and healthy living among adults are commendable, and such initiatives go a

A screenshot of a document titled "ঘৰত কৰিব পৰা সম্পূৰ্ণ শৰীৰৰ কছৰং" (Full Body Exercises at Home). The document is in Assamese and lists various exercises such as "হাৰ্ড আপ এক্সাৰসিজ" (Waist-Up Exercises), "মুঠ শৰীৰৰ এক্সাৰসিজ" (Full Body Exercises), "হাৰ্ড আপ এক্সাৰসিজ" (Waist-Up Exercises), "মুঠ শৰীৰৰ এক্সাৰসিজ" (Full Body Exercises), "হাৰ্ড আপ এক্সাৰসিজ" (Waist-Up Exercises), and "মুঠ শৰীৰৰ এক্সাৰসিজ" (Full Body Exercises). It also includes a section for "মুঠ শৰীৰৰ এক্সাৰসিজ" (Full Body Exercises) and "মুঠ শৰীৰৰ এক্সাৰসিজ" (Full Body Exercises).

EXTENSION ACTIVITIES

long way in building a healthier community. Anyone can download the program by visiting their official website at www.SASU.ac.in.

Exercise Card for Children



Sri Sri Aniruddhadeva Sports University (SASU) is dedicated to promoting the fitness and well-being of children, and its latest initiative is a testament to that. SASU has developed an Exercise Card for Children, which includes a range of exercises that can be easily performed by school-going children with the help of their parents or teachers. The Exercise Card was launched on SASU's official website in the Assamese Language on 17th August 2022 as part of the university's Extension Activities.

The exercises are designed to be age-appropriate and require no special equipment, making it easier for children to integrate physical activity into their daily routines. These exercises can be modified according to the child's physical abilities, ensuring that every child can participate in them. This Exercise Card is an excellent resource for parents, caregivers, and schools who are looking to encourage physical activity among children.

By encouraging children to engage in these exercises regularly, they can develop their physical and cognitive abilities, promoting long-term health and well-being. SASU's efforts towards promoting fitness and well-being among children are commendable and will go a long way in building a healthy and prosperous nation in the future. To download the Exercise Card, anyone can visit www.sasu.ac.in.

Two-Week Certificate Course on Community Sports

The Sri Sri Aniruddhadeva Sports University organized a Two-Week Certificate Course on Community Sports from 13th March to 25th March 2023 at SIPRD, Banipur, Dibrugarh, for sports officers and physical instructors of Assam. The course aimed to equip the participants with the necessary knowledge and skills to promote community sports and improve individuals' overall health and well-being in their communities.



The inaugural ceremony of the course started on the 13th of March 2023 with the address, of Prof. J. P. Verma, who emphasized the importance of Community Sports to enjoy a wealth of knowledge and enhance competency in various skills in specific game and sports, recreational game development, and the value of learning new technologies and tools to apply in the field of Physical and Sports Education. He also suggested that the participants

EXTENSION ACTIVITIES



be instrumental in building stronger, healthier, happier, and safer communities through appropriate initiatives in the area of sports and recreation.

The course covered a wide range of topics, including the importance of community sports, sports psychology, fitness management, fitness assessment, naturopathy, training plan, sports management, etc. The course was attended by twenty physical instructors from different districts of Assam, with theory classes being held at SIPRD and practical sessions being held in two playgrounds in Dibrugarh.

The course was funded by the Director of Sports & Youth Welfare, Govt. of Assam. During the valedictory ceremony on 25th March certificates were distributed to the participants by Sri Partha Pratim Bairagi, ACS, Registrar of SASU. The function was attended by Sri Ujjal Saikia, SIPRD, faculty, and staff of the university.



ACHIEVEMENTS

AIU Empanels Prof. J. P. Verma as Consultant

The Association of Indian Universities (AIU) has recently announced the empanelment of Prof. J. P. Verma, Vice Chancellor of Sri Sri Aniruddhadeva Sports University, as a consultant. This prestigious appointment follows Prof. Verma's active participation and valuable contributions during a personal interaction with the Committee in a virtual mode on April 24-25, 2023.

AIU has expressed its appreciation for Prof. Verma's keen interest in offering consultancy services to member universities in various academic areas. These areas include NAAC rating, NIRF ranking, University-Industry collaboration, Internationalization, Implementation of NEP, compliance with regulatory requirements, and more. Based on his expertise and the committee's recommendation, Prof. Verma's name has been recommended for empanelment in the AIU panel of consultants.

Congratulating Prof. Verma on his successful empanelment, the AIU's Secretary-General, Pankaj Mittal, also mentioned that several member universities of AIU have already submitted requisitions for consultancy services, which are currently under examination. Furthermore, other universities are being encouraged to submit their proposals for consultancy requirements. Once the proposals are received, AIU will match them with Prof. Verma's areas of expertise and arrange a face-to-face meeting to sign a tripartite agreement between AIU, the Consultancy Seeking Institutions, and the Consultant.

The empanelment of Prof. J. P. Verma is expected to enhance AIU's consultancy services and strengthen its support to universities and higher education institutions across the country. Prof. Verma's extensive knowledge and experience in the field of Higher Education and administration are anticipated to be invaluable assets in assisting universities in achieving their academic goals.

Best Paper Awarded

Ms. Mridusmita Phukan, a SASU faculty member, was honored with the Best Paper Award at the ICETPESS conference held from August 24th to 26th, 2022. The event was hosted by Manipur University's Department of Physical Education and Sports Science, with technical assistance from NAPSS. Ms. Phukan's remarkable achievement showcases her



exceptional knowledge and expertise in Physical Education and Sports Science. Her paper received recognition and appreciation from conference attendees, which is a testament to her hard work and dedication in the field. SASU's commitment to academic excellence is reflected in this award. We extend our congratulations to Ms. Phukan and wish her success in her future endeavors.

ACHIEVEMENTS

Dr. Limbu Attended 49th RBVP-2022

Dr. Roshan Limbu, a faculty member of SASU, was entrusted with the responsibility of leading the Discipline and Volunteers Committee for the 49th Rashtriya Bal Vaigyanik Pradarshani (RBVP)-2022. This event was formerly known as the 49th Jawaharlal Nehru National Science, Mathematics, and Environment Exhibition (JSNMEE-2022). The RBVP-2022 was held from 22nd to 26th November 2022 at Srimanta Sankardeva Kalakhetra in Guwahati, Assam. The event was organized by the Government of Assam in collaboration with NCERT, New Delhi.

Dr. Limbu Attended as Resource Person

Dr. Roshan Limbu, a distinguished faculty member of SASU, served as a Resource Person for the Induction Course of newly recruited Music Teachers and Physical Education Teachers (Male) of Jawahar Navodaya Vidyalayas, at Navodaya Leadership Institute (NLI) Kamrup. The course was held on December 2nd, 2022, and January 3rd, 2023, respectively. Dr. Limbu delivered three sessions on Sports Integrated Pedagogy, Health & Fitness Assessment of Children-Maintaining Health Records, and Sports Psychology of School Children. His valuable insights and expertise were highly appreciated, and the NLI's decision to invite him is a testament to his exceptional reputation in the field. We congratulate Dr. Limbu on his achievement.

Ms. Phukan Attended the Gunotsav-23 Program

Ms. Mridusmita Phukan, a faculty member of SASU, served as an External Evaluator for Gunotsav-23 (4th Round) program. The program was organized by the Elementary Education and Samagra Shiksha Assam, Government of Assam to improve the quality of elementary and secondary education in Assam. Ms. Phukan was responsible for evaluating three schools located in Tinsukia, on 4th February 2023 and Dibrugarh districts on 17th and 18th February 2023. Her excellent work as an evaluator was appreciated by the organizers of the program. We congratulate Ms. Phukan on her accomplishment and for making a positive impact on the education system in Assam.

Dr. Gogoi Attended as Resource Person

Dr. Hemantajit Gogoi, a distinguished faculty member of SASU, served as a Resource Person for a one-week immersion program on Sports Biomechanics at Ramakrishna Mission Vivekananda Educational and Research Institute, Belur Math, Howrah-711202, West Bengal. The course was held from 28th November to 3th December 2022. The program was declared by Govt of India as Deemed University u/s 3 of the UGC Act, 1956. His valuable insights and expertise were highly appreciated experts and participants. We congratulate Dr. Gogoi on his achievement.

ACHIEVEMENTS

Placement of the University's First Batch of PGDSC Students



Ms. Gitali Moran



Mr. Ankur Das



Mr. Kushal Bori



Mr. Nilutpal Saikia

The Sri Sri Aniruddhadeva Sports University has successfully placed four out of seven students from their first batch of Postgraduate Diploma in Sports Coaching (PGDSC) in 2021. These students have secured positions as coaches in the Directorate of Sports and Youth Welfare under the Government of Assam. Additionally, three out of these four students were also selected for the position of Physical Instructor by the Government of Assam.

The first batch of PGDSC included eight candidates, out of which one was an in-service candidate. The university has listed the names of the candidates who have been selected for different positions. The successful candidates have demonstrated their skills and knowledge gained through the PGDSC program, which has prepared them for successful careers in sports coaching and physical education.

The placement of these PGDSC students is a testament to the quality of education and training provided by Sri Sri Aniruddhadeva Sports University. The university has a strong focus on promoting sports education and has been successful in creating job opportunities for its students. The placement of these students also reflects the growing demand for sports coaches and physical instructors in the state of Assam.

Sri Sri Aniruddhadeva Sports University has achieved a significant milestone in placing four out of seven students from their first batch of PGDSC in 2021. This success is a result of the university's commitment to providing quality education and training in sports coaching and physical education. It is also a reflection of the growing demand for sports coaches and physical instructors in the state of Assam. The university's efforts in creating job opportunities for its students are commendable and will contribute to the growth of the sports industry in the state.

Ph.D. Awarded to Ms. Mridusmita Phukan



Ms. Mridusmita Phukan, a brilliant faculty member of SASU, earned her Ph.D. in Physical Education from Sant Gadge Baba Amravati University, Amravati (Maharashtra), on 12th April 2023. Her remarkable achievement is the result of her arduous research and relentless dedication, as evidenced by her thesis entitled "An Investigation of Perceived Motivational Climate, Athletes' Coping Skills and Multidimensional Perceived Social Support of Badminton Players" conducted under the guidance of the esteemed Dr. Babar Ali Khan. This serves as a testament to Ms. Phukan's exceptional knowledge and expertise in the field of Physical Education, as well as her unwavering commitment to the pursuit of excellence. We at SASU are immensely proud of Ms. Phukan's accomplishments and wish her the best in her future endeavors.

BOOK PUBLICATIONS

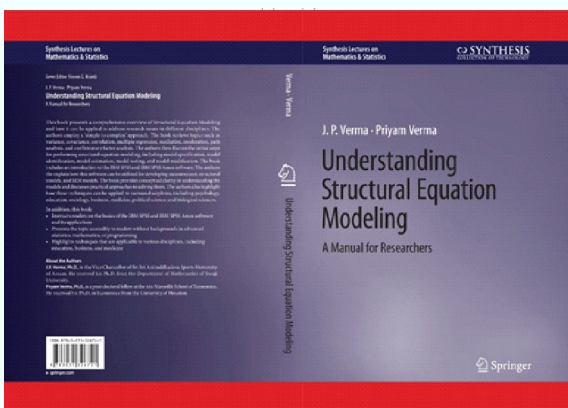


Prof. J.P. Verma presented his book on Statistics and Research Methods in Psychology with Excel to the Hon'ble Chancellor, Shri Gulab Chand Kataria in his office on 28th April 2023. This book was published by the international publisher Springer and is used by most of Universities across the globe as a textbook for the postgraduate program in Psychology. The book covers extensive areas related to measurement and scaling techniques and research designs in Psychology, vari-

ous parametric and non-parametric statistical tests and factor analyses. This book is suitable for those students who writes thesis across the discipline who wish to analyze the data with the help of Excel. One of the usp of the this book is that all the analyses have been shown by Excel Software.

New Book Release:

Understanding Structural Equation Modeling: A Manual for Researchers



We are thrilled to share the exciting news of the release of a long-awaited book entitled "Understanding Structural Equation Modeling: A Manual for Researchers." This highly anticipated and comprehensive text has been authored by J.P. Verma, Vice Chancellor, and Priyam Verma, a Post Doc Fellow. We are delighted to inform you that the book is now available on Kindle, offering convenient access to its valuable insights. Furthermore, we are pleased to announce that a hardcover edition is set to be released in July 2023, providing readers with the option to

enjoy a physical copy of this remarkable publication. Structural Equation Modeling (SEM) is a powerful statistical technique widely used by researchers in various disciplines, including mathematics and statistics. The authors aim to equip researchers with a deep understanding of SEM through this new publication, enabling them to effectively apply this advanced methodology in their research endeavors.

"Understanding Structural Equation Modeling: A Manual for Researchers" covers a broad range of topics, from fundamental concepts to advanced applications of SEM. The authors expertly guide readers through the process of model specification, measurement model assessment, and analysis of structural relationships. By providing clear explanations and real-world examples, they demystify the complexities of SEM, making it accessible to both novice and experienced researchers.

This book is expected to become an indispensable reference within the research community, offering a comprehensive exploration of SEM and providing readers with the necessary tools to incorporate this methodology into their studies.

RESEARCH PUBLICATIONS

Publication of Prof. J.P.Verma

1. “Statistical analysis of Indian stock market (Nifty 50 and S&P BSE Sensex) movement with reference to NYSE Composite” Journal of the Maharaja Sayajirao University of Baroda ISSN: 0025-0422, Volume-56, No.1 (IX) 2022
2. ”Calculating the Optimal Sample Size in Different Situations” Scholarly Research Journal for Interdisciplinary Studies, Online ISSN 2278-8808, SJIF 2021 = 7.380, www.srjis.com PEER REVIEWED & REFEREED JOURNAL, JAN-FEB, 2023, VOL- 10/75
3. “Relative impact of Macroeconomic Variables on the Indian stock markets (NSE & BSE)” Kanpur Philosophers, ISSN 2348-8301 International Journal of Humanities, Law and Social Sciences Published biannually by New Archaeological & Genological Society Kanpur India, Vol. IX, Issue II, December 2022 www.kanpurhistorians.org

Publication of Dr. Hemantajit Gogoi

1. “Relationship of Selected Physical and Angular Kinematical Variables with the Performance of Toe-Touch Skill in Kabaddi.” Теорія Та Методика Фізичного Виховання, 22, 516–521. <https://doi.org/10.17309/tmfv.2022.4.09>
2. “Effect of Different Jab Techniques on Peak Activation of Upper-Body Muscles in Youth Boxers.” Теорія Та Методика Фізичного Виховання, 22, 583–588.

Publication of Ms. Mridusmita Phukan

1. Perceived Multidimensional Social Support and Gender Differences among the Shuttlers. International Journal of Physical Education, Sports and Health 2022;9(4):6871.DOI:<https://doi.org/10.22271/kheljournal.2022.v9.i4b.2566>.
2. Coping Skills of Male and Female National Level Badminton Players of Assam: An Investigation. Proceeding of 3-day International Seminar on Emerging Trends of Physical Education and Sports Science, Manipur University from 24th -26th August 2022.

FACULTY UPDATE

❖ **Mr. Mondeep Chetia attached to SASU**

Mr. Mondeep Chetia, a distinguished Lecturer at DIET, Sivasagar, has joined SASU as a full-time faculty member from January 2nd, 2023. As a member of the Board of Studies and a Resource Person for course preparations, Mr. Chetia's expertise and knowledge in the field of education will surely contribute to our academic community. His diligent efforts are expected to enhance the quality of education at SASU, and we are thrilled to welcome him to our team. We congratulate Mr. Chetia on his new role and wish him all the best in his future endeavors.

❖ **Farewell of Kiriti Kamal Bora**


It is with both heavy hearts and warm wishes that we bid farewell to our esteemed colleague Kiriti Kamal Bora, who has served as the Academic I/C of Sri Sri Aniruddhadeva Sports University from its inception to January 2023. As he departs to return to his role at DIET, Marigaon, we want to take a moment to express our deep gratitude for his many years of service and dedication to our institution. Throughout his tenure, Kiriti Kamal Bora has contributed immensely to the growth and success of SASU, not only as the Academic I/C but also as a valued member of our Board of Sports Studies (BOSS) and a key figure in the course preparation team. We are sad to see him leave but excited to welcome Dr. Roshan Limbu as the new Academic I/C. We are confident that he will bring his unique perspective and skills to the role, and we wish Kiriti Kamal Bora all the best in his future endeavors. We are reminded of the importance of continuity and change in the life of any dynamic institution.

❖ **Dr. Hemantajit Gogoi recruit as Assistant Professor**

It is with mixed emotions that we bid farewell to our dear colleague, Dr. Hemantajit Gogoi, who has been selected as an Assistant Professor at Rajiv Gandhi Central University, Arunachal Pradesh. Dr. Gogoi has been an integral part of Sri Sri Aniruddhadeva Sports University from its very inception, and we are immensely proud of his accomplishments. During his tenure at SASU, Dr. Gogoi served as the Controller of Examination since 2020 and contributed significantly to the growth and development of our university. His dedication, passion, and commitment to excellence have been an inspiration to us all. We will miss his infectious enthusiasm and unwavering commitment to the success of our university. However, we take solace in the knowledge that he will continue to excel and contribute to the world of academia in his new role at Rajiv Gandhi Central University. We extend our heartfelt congratulations to Dr. Hemantajit Gogoi and wish him all the best in his new role. Your colleagues at Sri Sri Aniruddhadeva Sports University will miss you dearly, but we are excited to see the heights you will reach in the future.



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